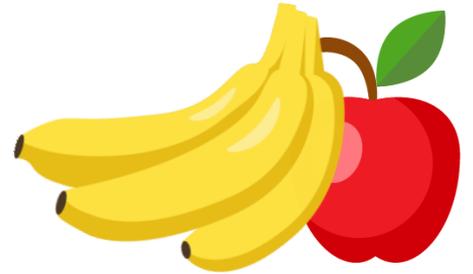


My Week Less Wasted



Before

- Personalise your Just Giving page with images, stories and your fundraising target
- Kick start your fundraising with a donation of your own (maybe the cost of something you often waste?)
- Get your friends and family to sign up - start a team! Or get them to sponsor your challenge
- Do an audit of the food you have and start planning your meals for the week



During



- Check out our food waste saving tips and recipes on our blog and social media
- Share your week less wasted journey on social media using our pre-made posts (or come up with your own) and use the hashtag #AWeekLessWasted
- Continue to ask your friends, family and colleagues for donations
- Shop mindfully, use your leftovers, get creative with your ingredients and don't let any food go to waste!

After

- Pat yourself on the back for having a week less wasted
- Smash your fundraising target of £50
- Thank your amazing donors
- Fund our much-needed meals that nourish communities, relieve hunger and make great use of surplus food

